

GOOD AFTERNOON



Quinoa Salad 8.50

Quinoa, bell pepper, carrot, cucumber, scallions, parsley, dressed in lemon juice and olive oil Add: Chicken, Pork or Steak +3

Brussels Sprout & Kale Salad 12.99

Shaved Brussels sprouts & mixed kale dressed with house-made mustard vinaigrette topped with pecans, golden raisins. Add: Chicken, Pork or Steak +3

Greek Salad 12.99

Butter lettuce, Kalamata olives, red onions, cherry tomatoes and feta cheese. Add: Chicken, Pork or Steak +3

Chicken Apple Salad 14.50

Mixed greens, grilled chicken, apples, golden raisins, dressed with house-made mustard vinaigrette, topped with blue cheese

House-made Tuna Salad 13.49

Mixed greens, plum tomatoes, cucumbers, topped with house-made tuna salad

Cobb Salad 14.50

Mixed greens, house-made mustard vinaigrette, egg, blue cheese, cherry tomatoes, bacon, avocado & turkey breast

Pulled Pork Tacos 13.25

Three corn tortilla topped with house-made sauce, red and green cabbage, fresh cayenne pepper

Tri-tip Sandwich 13.49

Tri tip, sliced tomatoes, red onions, butter lettuce on rustic roll

Tuna Melt Sandwich 13.25

Tuna salad, sliced tomato, white sharp cheddar on rustic roll

Grilled Chicken & Bacon Sandwich 13.25

Grilled chicken, bacon, butter lettuce, aioli, white sharp cheddar & tomatoes on rustic roll

Cuban Sandwich 13.25

Espresso pulled pork, ham, cheddar cheese and pickles on rustic roll

BLT 13.25

Bacon, sliced tomatoes, butter lettuce with house-made aioli on rustic roll

Turkey Club 13.25

Turkey, bacon, sliced tomatoes, butter lettuce with house-made aioli on rustic roll

BBQ Tri-tip Sandwich 13.49

Tri-tip, BBQ sauce, cheddar, house-made slaw on rustic roll

BBQ Chicken Sandwich 13.25

Grilled chicken, BBQ sauce, cheddar, house-made slaw on rustic roll

Ham & Cheese Sandwich 13.25

Sliced ham, cheddar & whole grain mustard aioli with pickles on rustic roll

Turkey Pesto Sandwich 13.25

Sliced turkey, pesto, aioli, butter lettuce, tomatoes & cheddar cheese on rustic roll

Vegetarian Pesto Sandwich 12.00

Butter lettuce, pesto, mayo, tomatoes, cucumber & avocado on rustic roll

Portobello Mushroom Sandwich 13.25

Portobello mushroom, avocado, butter lettuce, slaw & aioli on rustic roll

light fare

Avocado Toast 9.00

Avocado, house-made hummus, tomatoes, cucumbers on wheat toast with side salad

Hummus 6.49

House-made hummus served with pita chips

Soup of the day 7.50/4.00

DRINKS

8oz | 12oz | 16oz

Hand Poured	5.50	
Drip Coffee	2.35 2.85	
Americano	3.50 4.30	
Au Lait	3.35 4.15	
Cappuccino	4.10 4.95 5.70	
Chai Latte	4.20 5.00	
Espresso (Two shots)	3.05	
Latte	4.35 5.15	
Heirloom Organic Teas	4.95	
Handcrafted Hot Chocolates	5.85 6.65	
Machiato	3.35	
Mocha	5.05 5.85	
Cold Brewed Coffee	3.85	
House Brewed Iced Tea	3.50	
House made Lemonade	3.75	
Arnold Palmer	3.75	
Juice (Cranberry/Apple)	3.75	

Vanilla /Hazelnut 0.75 |

Soy/Almond Milk 0.75 | Shot 1.95

options

Bacon 1.75 | Chicken, Pork or Steak 3 oz 3.00

Avocado 1.75 | Vegetable 0.75

GOOD MORNING EATS

Oatmeal with Fruit 6.95

Slow cooked steel cut oats in Almond milk topped with fresh fruits, honey and brown sugar

Yogurt Parfait 6.95

Fresh seasonal fruit, granola, honey & Greek yogurt

Peanut Butter Jelly Sandwich 6.25

Seasonal jam, peanut butter & fresh banana on English muffin

Ariel's Big Deal 9.00

Open-faced english muffin with over medium eggs, tomatoes, pickled onions, avocado, pesto with fresh fruit. Option: Sliced wheat or sourdough toasts

Avocado Toast 9.00

Avocado, house-made hummus, tomatoes, cucumbers on wheat toast with side choice of fruit or house salad. Add Egg +2

All American 9.00

Two eggs, fresh fruit and bacon.
Egg whites only +1

Huevos Rancheros 9.00

Two eggs, cheddar cheese home-made salsa on corn tortilla with fresh fruit

Country Sunrise Vessel 9.75

Baked egg, ham, whole grain mustard aioli on sourdough bread

Breakfast Burrito 9.75

Avocado, chorizo, onion, eggs & house-made spicy salsa. Add: pork or steak +3

Bacon & Eggs Sandwich 8.25

Bacon, eggs, white sharp cheddar on English muffin

Ham & Cheese Croissant 8.25

Smoked ham, white sharp cheddar on butter croissant

Bagel & Cream Cheese 3.75

Seasonal Fruit Bowl 3.00/5.00

Bread: Whole wheat, Rustic Roll, English muffin
Bagel: Plain, Sesame, Pesto or Everything

be creative

Make your own bagel sandwich 8.25

1. Pick a Bagel:

Plain | Sesame | Pesto | Everything

2. Pick a Protein:

Ham | Turkey | Egg | Bacon | Avocado

3. Pick a Cheese:

Cheddar | Cream Cheese

4. Veggies included:

Onions, cucumbers, tomatoes, lettuce

DRINKS

hot

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Chai Latte	4.20 5.00
Espresso (Two shots)	3.05
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Heirloom Organic Teas	4.95
Handcrafted Hot Chocolates	5.85 6.65
Machiato	3.35
Mocha	5.05 5.85

cold

16oz

Cold Brewed Coffee	3.85
House Brewed Iced Tea	3.50
House made Lemonade	3.75
Arnold Palmer	3.75
Juice (Cranberry/Apple)	3.75

Soft Drinks	3.75
Bottled Still Water	3.75
Bottled Sparkling Water	3.75

Vanilla /Hazelnut	0.75
Soy/Almond	0.75
Shot	1.95